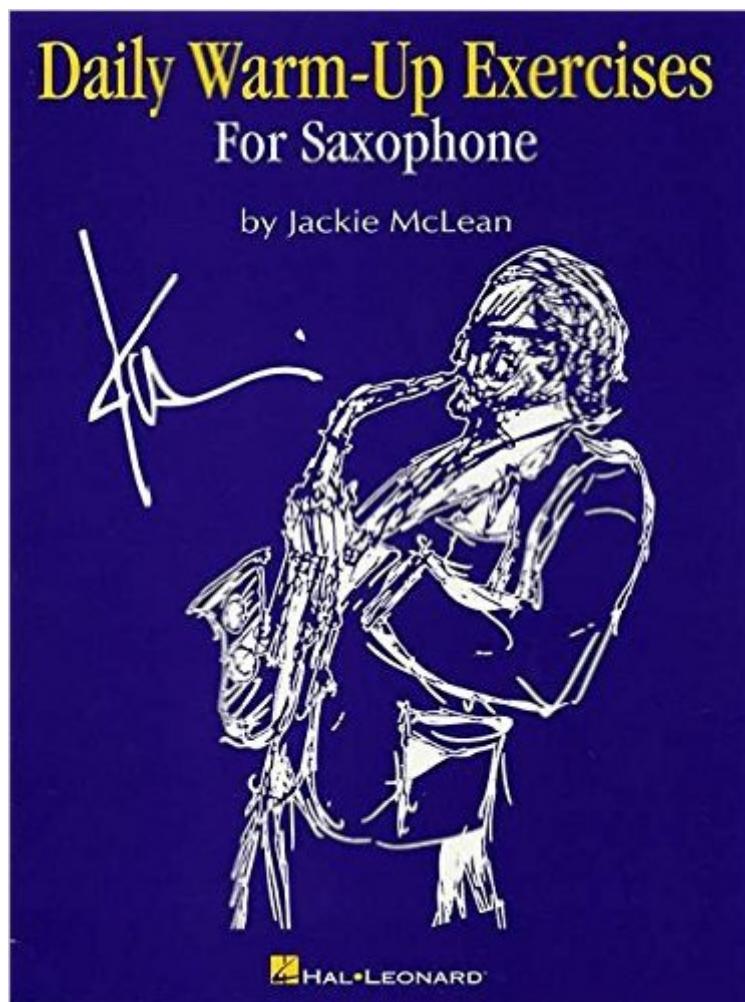


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# Daily Warm-Up Exercises For Saxophone



## Synopsis

(Instructional). Living sax legend Jackie McLean is one of the greatest alto players of the post-Parker era. For this book, he has assembled essential warm-up exercises to help students become familiar with playing through different keys ascending and descending chromatically. Includes a biography, an interview, many exercises, and transcriptions of his solos in "Bluesnik" and "Dig."

## Book Information

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Average Customer Review: 4.4 out of 5 starsÂ  See all reviewsÂ  (35 customer reviews)

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## Customer Reviews

If you've been frustrated by practice books that show you a pattern in one key and then say "Transpose and memorize this in all 12 keys," then this book should make life a lot easier for you. Jackie spells out all his exercises in all 12 keys. He even notates all the accidentals for you. So with a minimum of mental gymnastics you can get down to the physical gymnastics of drilling his favorite practice patterns into your fingers until your muscle memory takes over. By placing equal emphasis on all 12 keys from the very beginning, this book will get you all around your horn with maximum efficiency. Many of the exercises change key twice per measure, so you have no opportunity to get stuck in a "easy key" rut. Instead you'll find yourself adopting a "wholistic" mindset as Maclean runs you through the major, minor, dominant, diminished and augmented scales. My only nitpick is that a CD would have been nice. But the patterns aren't rhythmically complicated or hard to read so I guess a CD isn't really necessary. Also you should know that this is a fairly short book. The idea is that once you've got them thoroughly memorized you'll be able to run through the

whole set of patterns in 45 minutes and they'll become your regular warm-up routine. Two of Mclean's most popular original compositions are included at the end of the book as a bonus.

The exercises contained in this book have started off all of my practice sessions for the past decade. The exercises are designed to work together in order to work the full range of your instrument, as well as get your fingers ready by running you through major and minor scales, along with major, minor, augmented, and diminished chords in every key. Not only does it give a great way to internalize the mechanics involved when playing scales and chords, it's also a great ear training workout. While I feel that it's important to actually know what notes make up the various scales and chords, actually "thinking" about it while you play just makes the music stagnant. Working through this book on a regular basis will engrain what each key sounds and "feels" like. Internalizing these tools, and allowing them to "just happen" while you improvise, is vitally important when it comes to making your music flow. Creating music is a combination of both sides of the brain. This, coupled with a good book of etudes (Klose's "25 Daily Exercises for Saxophone," is my personal recommendation,) is a perfect way to hone the left brain in order to let the right brain make with the expressiveness.

Excellent study guide for learning all of the major scales, plus arpeggios, and so forth. I would recommend this book to any beginner and intermediate musician who wants to be fluent in playing in all of the major and minor scales, while building finger speed. Start off slow and build up your speed at your own pace is the focus of this book.

This is a simple concept which is executed perfectly in this book. Warm up on some long tones and move to scale work in major / minor keys. The little things that are done very well make all the difference. All scales move seamlessly, no key change on the notes over a bar, i.e. Jackie writes out all the flats/sharps within each bar so the player isn't thinking key changes, just chord changes. Progressing through the minor scales are very good as well. I don't think I've seen this type of layout of going through the minor scales even in the Universal Sax method. Once you do the warmups enough where they have become memorized the grand exercises will keep you busy enough to get a lot out of this book for years no matter what level you are at. Good for beginning and advanced sax players since taking the exercises at any speed will give the desired results. Very nice book.

I've enjoyed doing the exercises which give one a good appreciation and feel for different key signatures and scales. The added music at the end, including the song, "Dig", is an excellent way to follow the warm-up.

This book gives students a core routine across the standard range of the saxophone. There are many scales, chords, and patterns that help teach music theory from the beginning. This is a required book for all my sophomore students and I buy the books (for them to keep) to help the parents keep their costs down.

I am 50 years old and have not really played since high school. This is still beyond what I can do at the moment but I am having fun with it. Love the blues number in the back which is helping me remember both notes, incidentals, rhythm, and fingering in a fun and effective way. It looks like I can use this far into the future and it looks like it will be very effective in helping me learn to play again. This also looks like a music book that will not be one you use for a few weeks or months and throw away but rather one that will be used for many years.

I have used this book for the last 5 years and I find it an excellent warm up before a long practice session, it is also one of the books I practice with on days when I don't have a lot of time. You cover long tones, major and minor scales and major and minor triads. Also major 7th, minor 7th, dominant 7th and diminished chords to help your jazz chops. Plus it is affordable compared to some books which cost more and don't offer as much. This is a book more for intermediate to advanced players. The first time you go through it, you may take a while however once you get it under your fingers you should be able to go through it in 20 minutes more or less. I highly recommend this book and I have been playing and teaching saxophone about 40 years

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